



# Symmetry - Living

May 2010 Volume 7 Issue 5

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**THERE IS NO GREATER POWER THAN THE DIVINE LOVE WHICH LIES WITHIN.  
UNLEASH THIS POWER - TO TRANSFORM YOUR LIFE AND YOUR WORLD.**

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*Symmetry is ... a pathway of self-healing and transformation, tapping into the power within to manifest your desire to be whole, well and perfect of mind, body and spirit in peace, joy and harmony in all areas of your life.*

***“Embrace” your body, mind and emotions to a higher level of balance, harmony and vitality.***

The “ruby” Essence of Unconditional Love emanates from the core of your being, through your heart out into the neuro-pathways of your body to continually imprint or remind the trillions of cells within you of their Divine origin of Life. Suppression of this internal messaging system can lead to feelings of loss, emotional distress and physical unrest. Uninterrupted neuron-transmissions create a perfected synchronization of well-being and vitality on every level of your being.

When the Essence of Unconditional Love fills your Being it restores a sense of security and well-being throughout your body, mind and personality. It opens you up to see the magnificence of the Divine Love of who you are and assists you in forgiving the negative situations in your life. This broadens your perspective on life, opening insights of awareness, allowing you to let go of those things which no longer serve you and embrace those things which are in alignment with the Divine Love within.

It Harmonizes the accumulated effects of stress caused by “Grief over Loss”. It is the Rhythm of acceptance. When you accept the magnificence of the Divine Love of who you are from deep within, it fills you with understanding, compassion, awareness and confidence. It allows you to accept those things that can not change and begin to move forward out of despair into the creative life process in peace, joy and fulfillment.

***Symmetry Attunement and Focus This Month – For You, Humanity and the Earth***

**The Month’s Declaration:** *I accept, embrace and fill myself with the Essence of Unconditional Love from the core of my being. I allow my mind to awaken to perceptions of the Divine Order in all things. I allow my emotions to be renewed with a sense of security and well being. I acknowledge my perceptions of new awareness and insights giving me a renewed sense of freedom from the grief of all loss I have experienced. I acknowledge that the Essence of Unconditional Love exists within the consciousness of the Earth to create new perspectives, awareness and positive shift within humanity.*

**Daily Declaration:** *The magnificence of the Essence of Unconditional Love exists, expresses and manifests in and through me. And so it is”*

THANK YOU FOR YOUR PARTICIPATION IN THIS ATTUNEMENT FOR YOURSELF, HUMANITY AND THE EARTH  
Read more about Embracing Unconditional Love in May’s “In Harmony” at [www.harmonicsinternational.com](http://www.harmonicsinternational.com)  
To receive a Free Weekly Symmetry Inspirational e-mail, contact [joanie@harmonicsinternational.com](mailto:joanie@harmonicsinternational.com)

***Journey into the kaleidoscope of the magnificence of Divine Love within you.***

Symmetry monthly publications provide creative ideas to restore your natural, harmonic Rhythms of Life.  
Supportive books and products are available through Harmonics International - call 715-355-8515.

Our FREE monthly publication is available at: [www.symmetry.nu](http://www.symmetry.nu) and [www.harmonicsinternational.com](http://www.harmonicsinternational.com)  
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